

# ASSESSMENT: DEVELOPMENTAL SCALE FOR SKIPPING

Child's Name: \_\_\_\_\_ Rater's Name: \_\_\_\_\_

	Leg Action			Arm Action		
	Step 1	Step 2	Step 3	Step 1	Step 2	Step 3
	One foot completes a step and hop (skip); other foot simply steps.	A step and hop on one foot, followed by a step and hop on other foot, landing from hop on total foot.	Two foot skip, landing from the hop on ball of the foot.	Both arms pump up and down together.	Arms sometimes swing in opposition to legs; other times, both arms are in front of body at same time.	Arms swing in opposition to legs; at no time are both arms in front of body at the same time.
Date	Grade	Unit	Tasks			

Adapted from "Developing Children—Their Changing Movement" by M.A. Robertson and L.E. Halverson (In B.J. Logsdon, et al., *Physical education for children*, 1984, p. 58.) Developmental steps are based on sequences hypothesized by Halverson with Step 3 representing a more advanced skipping pattern. Adapted with permission of M.A. Robertson.